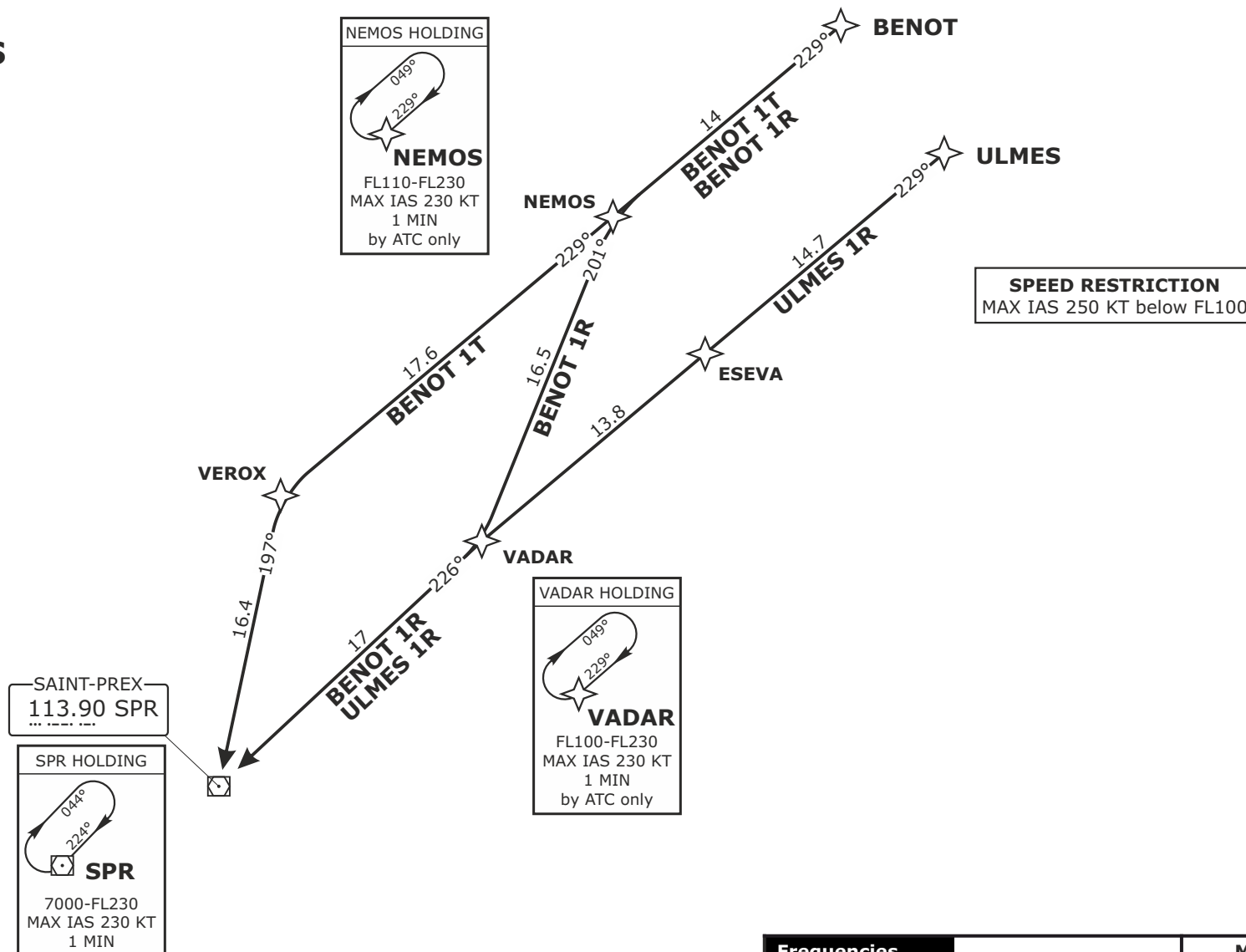
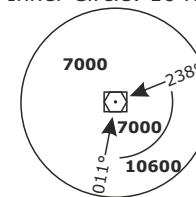


BENOT, ULMES
RNAV 1 ARRIVALS
RWY 22

Altitude and speed restrictions see graphical chart

STAR	ROUTING
BENOT 1R	BENOT - NEMOS - VADAR - SPR
BENOT 1T	BENOT - NEMOS - VEROX - SPR
ULMES 1R	ULMES - ESEVA - VADAR - SPR

Frequencies	
Swiss Radar	128.905 124.225 134.850 134.600
Geneva Arrival	136.255 -
Geneva Final	120.305 -
Geneva ATIS	135.580 -
AD ELEV 1411ft	TRANS LVL by ATC

MSA GVA
Outer Circle: 25 NM
Inner Circle: 10 NMDISTANCES IN NM
ALTITUDES IN FT