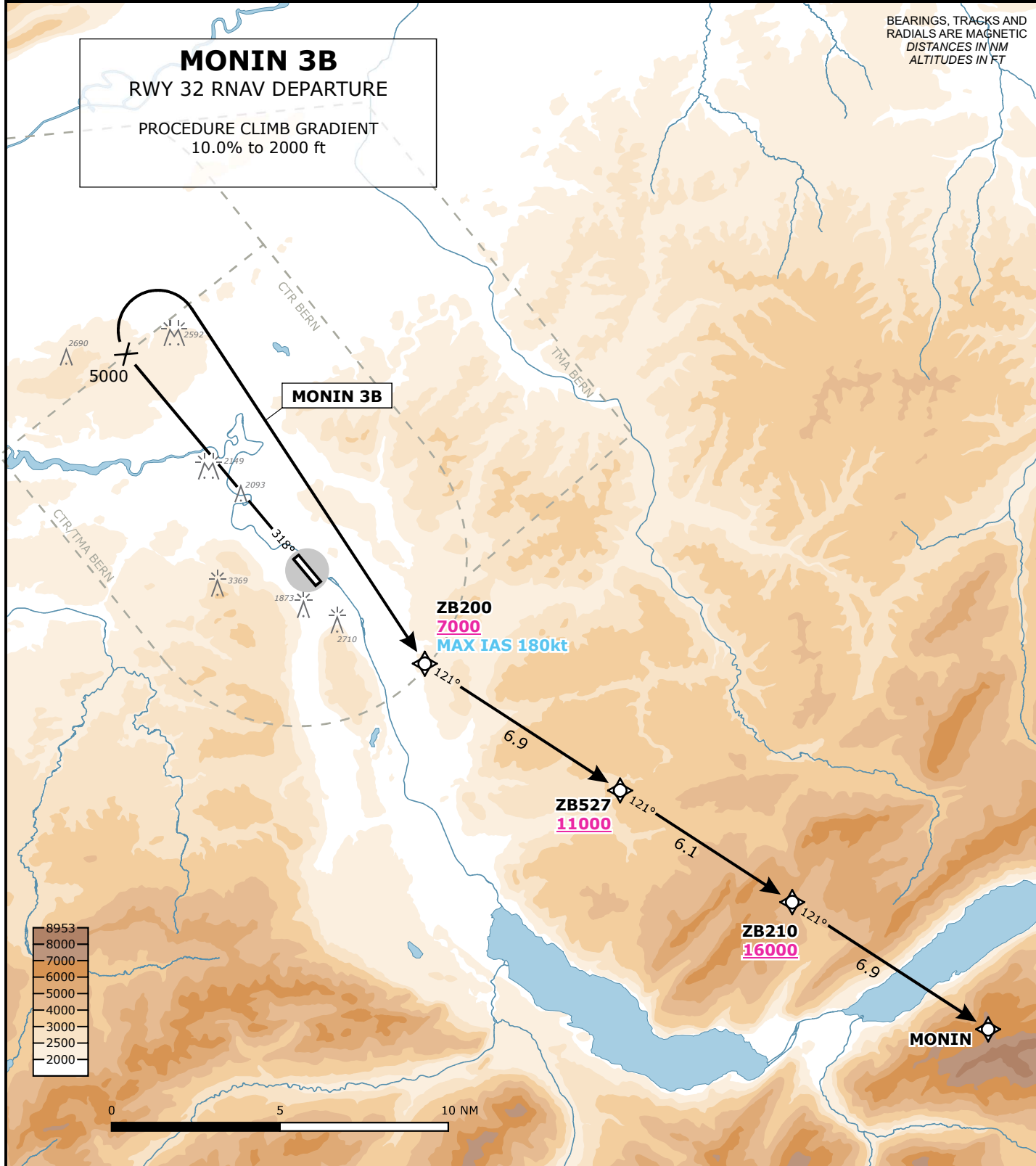


| Frequencies | | | Remarks | | | MSA LSZB ARP |
|---------------|---------|---------|--|------------------|-------------------|--|
| | 135.015 | 133.050 | RNAV 1 Certification required. | | | Outer Circle: 25 NM Inner Circle: 10 NM |
| Swiss Radar | 135.680 | 128.050 | | | | |
| | 134.850 | 128.905 | | | | |
| Bern Arrival | 127.325 | - | Initial climb clearance 5000 ft | | | |
| Bern Tower | 121.025 | - | | | | |
| Bern Delivery | 121.690 | - | | | | |
| Bern ATIS | 125.130 | - | | | | |
| | | | AD ELEV 1675 ft | TRANS LVL by ATC | TRANS ALT 6000 ft | |

Valid for flight simulation use only - do not use for real life navigation



| RWY | SID | Lateral Routing | Vertical Routing |
|-----|----------|---|---|
| 14 | MONIN 3B | Climb straight ahead. At 5000ft turn right direct to ZB200 (MAX IAS 180kt). Proceed via ZB527 and ZB210 to MONIN. | Cross ZB200 at 7000ft or above, ZB527 at 11000ft or above, ZB210 at 16000ft or above. |

Changes: Frequencies